Crowns



Restoring and Protecting Your Smile

What Is a Crown?

A crown (also called a **cap**) is a manmade cover that protects the top of a tooth. It may be used to restore and preserve a decayed, broken, or cracked tooth. Crowns can also correct some cosmetic tooth problems, giving you a better smile.



A tooth that is chipped or cracked can be restored with a crown.



A tooth that is broken can be corrected with a crown.

Why You May Need a Crown

Your dentist may advise you to get a crown if you have:

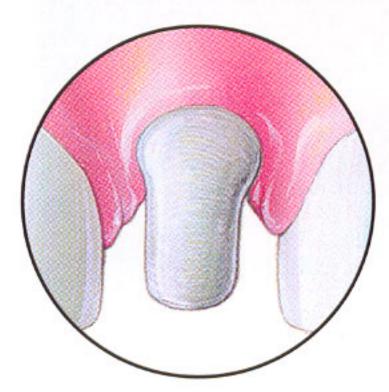
- A decayed or damaged tooth that needs to be restored to its normal shape and size
- A cracked or broken tooth with large cavities or worn fillings
- A poor-fitting crown
- A tooth that has a large opening on its top surface after root canal surgery
- A cosmetic tooth problem
- A bite problem

The Procedure

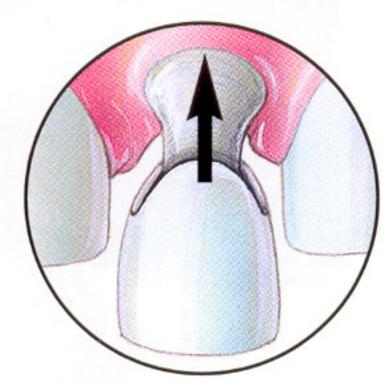
Restoring your tooth with a crown may take 2 or 3 dental visits. Expect to wait 2 to 3 weeks between appointments. Follow the instructions that your dentist gives you.

Preparing Your Tooth

Before preparing your tooth for a crown, your dentist may first numb the tooth with a local anesthetic. Then, the tooth is reduced and shaped. Any decay is removed. Your tooth may also need rebuilding if larger parts are missing. A mold is taken of the prepared tooth and the surrounding teeth. A temporary crown is applied to protect the prepared tooth between visits.



The tooth is prepared.

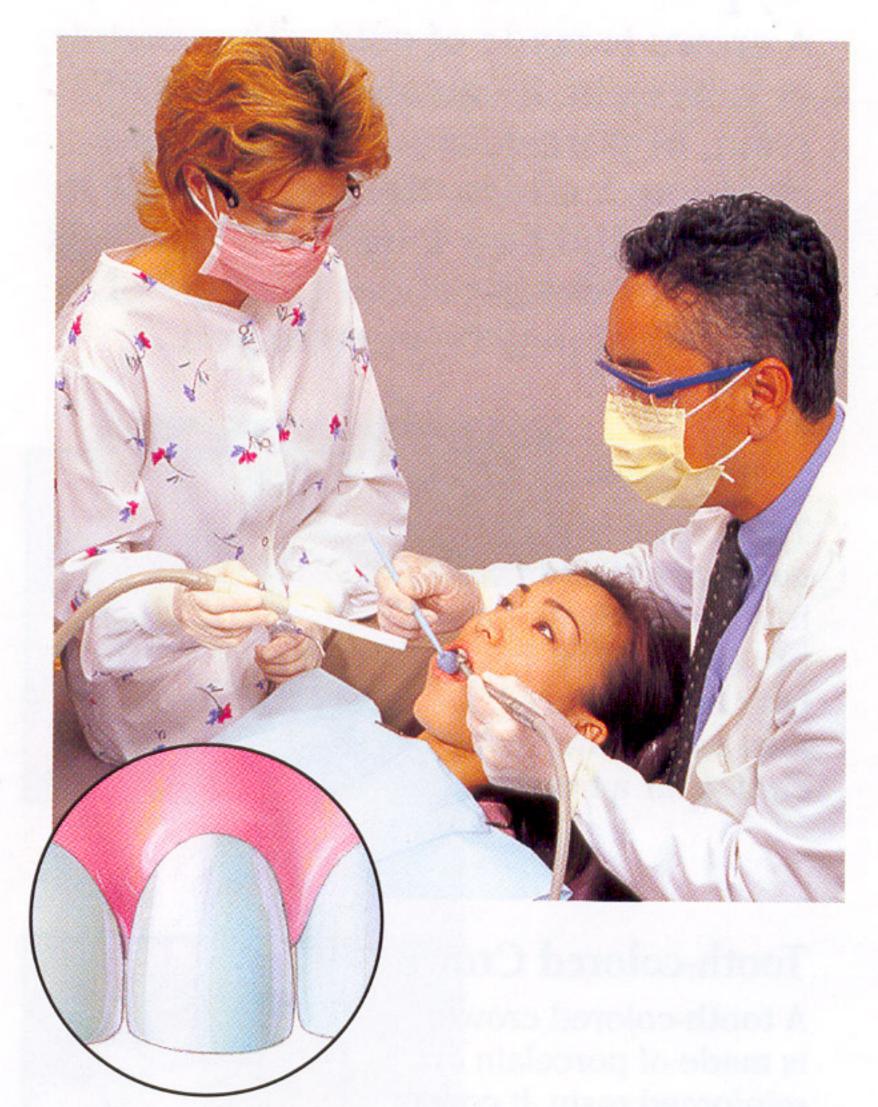


The crown is positioned.

Between Visits

The mold of your teeth is sent to the lab to make your permanent crown. Meanwhile, take good care of your temporary crown. Follow the tips below:

- Avoid eating hard or sticky foods.
- Brush gently at the gumline around the temporary crown.
- Carefully floss between your teeth. To remove the floss, pull it out from the side of the tooth—not the top.



The crown is in place.

Fitting Your Crown

Your dentist removes the temporary crown and places the permanent crown on your tooth. He or she fits the crown and makes sure your bite feels normal. Once you both agree the crown fits right, it is cemented in place. Your dentist also makes sure that the shape of your tooth has been restored.

Call Your Dentist If:

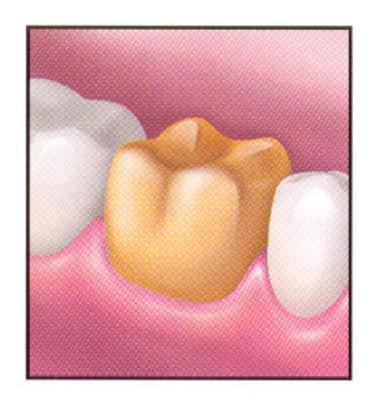
- Your teeth become sensitive to hot or cold foods or liquids, or when you bite
- Your mouth feels painful, or you have a toothache
- Your temporary or permanent crown becomes loose

Types of Crowns

A crown is made of gold, other metals, or porcelain. It can also be made of resin, or porcelain and metal. When choosing a crown, think about how it will look and how long it will last. Talk with your dentist about the type of crown that may be best for you.

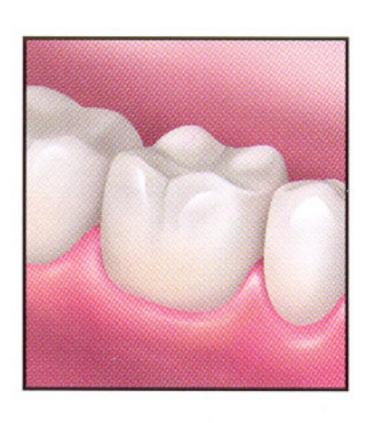
Metal Crown

This crown is made of gold or other metals. It is very strong and won't break. Because this type isn't tooth-colored, it may not be the best choice for a front tooth.



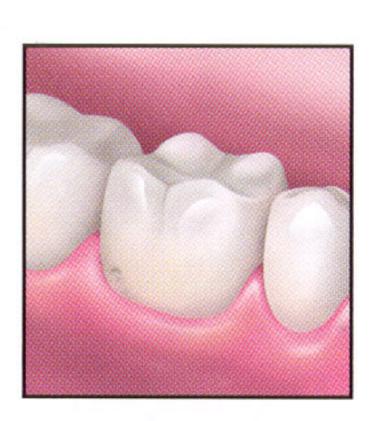
Tooth-colored Crown

A tooth-colored crown is made of porcelain or reinforced resin. It comes in a range of shades to blend with your other teeth. This type of crown may be more likely to chip than a metal crown.



Combination Crown

Porcelain is fused on top of metal, making this crown appear tooth-colored. The metal at its base makes the crown stronger than a porcelain or resin crown. But it is not as strong as a metal crown.



Living with Your New Crown

Your new crown will help you chew easily. You may also feel more confident about your smile. Be sure to brush and floss well. Your crown will last longer. And don't forget to see your dentist as instructed.



Consultant: W. Stephan Eakle, DDS With contributions by: James E. Burke, DMD Robert L. Mason, DDS



a division of StayWell

This brochure is not intended as a substitute for professional dental care. ©2000, 2001, 2003 The StayWell Company, 1100 Grundy Lane, San Bruno, CA 94066-3030. www.krames.com 800-333-3032. All rights reserved. Lithographed in Canada.